



# Group Supervision through collective enquiry and embodied learning

This twelve month programme is for coaches and consultants who are seeing to move towards mastery by reflecting on their practice and deepening their capacity to bring the body into their work.

Our focus will be on both the cultivation of you as a practitioner and the supervision of your own work whether that is with individuals, teams or organisations.

While much of the agenda will be driven by the specific development needs that arise from your practice there will also be the opportunity engage in learning about the somatic discourse and how to integrate aspects of this into your work with clients.

The programme structure is 3 x 2 day modules. Each two day session provides us with the opportunity to take a deeper look at:

- Your client work - working on 'live' material brought by yourself and other members of the group
- Who you are being and how you are showing up in your work
- The methodology and practice of embodied learning
- How to build and maintain your own generative practices that support you in the work you do
- How you can put your understanding of embodied learning to work in a way that can be skilfully translated to your clients.

## Reserve your place

To reserve your place please contact Caroline Walker at [caroline.walker@eaconsult.co.uk](mailto:caroline.walker@eaconsult.co.uk)

For further information contact Eunice on 07906508053 or 02380 270731

**Investment:** £1950.00 plus VAT (includes lunch each day). This is a non-residential programme, but overnight accommodation is available at the venue or locally on request.

## Programme details

### When:

#### Session one

7th and 8th of January 2020

#### Session two

11th and 12th May 2020

#### Session three

7th and 8th of September 2020

In between each of the sessions we will come together for a 90 minute video conference call. Dates to be agreed with group members

### Maximum group size: 8

**Location:** The Elvetham Fleet Road, Hartley Wintney, Hook RG27 8AS

### Website:

[www.elvethamhotel.co.uk/business/](http://www.elvethamhotel.co.uk/business/)

**Phone:** 01252 844871

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